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21. A pressurized aerosol composition for treating foot and shoe disorders, comprising

a) micronized zinc oxide;

b) a propellant for expelling contents of an aerosol container when pressure is released, wherein said propellant is present in an amount of about 40% to about 85%;

c) about 4 to about 50 percent of a solvent selected from the group consisting of water and C₁ to C₃ alcohols, wherein said pressurized aerosol composition is for treating foot and shoe disorders.

22. The composition according to claim 21 further comprising a fragrance to help mask any foot odors and/or provide a more pleasant odor to the foot or shoe.

23. The composition according to claim 21 further comprising a thickening agent capable of thickening the contents of the aerosol.

24. The composition according to claim 21 further comprising a base to neutralize any organic or inorganic acids.

25. The composition according to claim 21, wherein the amount of micronized zinc oxide in the aerosol is in the range of from about 0.5% to about 15% by weight.

26. The composition according to claim 25, wherein the amount of micronized zinc oxide in the aerosol is in the range of from about 2% to about 12% by weight.

27. The composition according to claim 26, wherein the amount of micronized zinc oxide in the aerosol is in the range of from about 3% to about 10% by weight.

28. The composition according to claim 21, wherein the average particle size of the zinc oxide is in the range from about 26 to about 46 nanometers.

29. The composition according to claim 28, wherein the average particle size of the zinc oxide is in the range from about 30 to about 40 nanometers.

30. The composition according to claim 29, wherein the average particle size of the zinc oxide is in the range from about 35 to about 37 nanometers.

31. A method of inhibiting foot or shoe odor comprising administering to a foot or shoe the Composition of claim 21.
